

# July 2017

Windsor Gardens of Long Beach  
3232 E. Artesia Blvd. Long Beach, CA 562.422.9219

# Activity Calendar (Main Dining Room)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b><u>Smoke Break</u></b></p> <p>8:30AM 1:30PM 7:00PM</p>	<p>~ All activities are subject to change ~</p> <p>All activities are held in day room unless noted</p>	<p><b>Offering Sensory Stimulation Daily</b> 9AM - 11AM</p> <p><b>Evening Activity Every Thursday starting @ 6PM</b></p>				<p><b>1</b></p> <p>9AM Coffee Social News/"Price is Right" 10AM Get up &amp; Move "Yes we can!" Balloon Toss 2PM "Yes we can!" 2:30 <i>Summer Time</i> <i>L-I-N-G-O</i></p>
<p><b>2</b></p> <p>9AM Coffee Social 9:30 Sunday News 10AM "Yes we can!" 10:30 Balloon Toss 2PM "Yes we can!" 2:30 Bible Study w/ Victor</p>	<p><b>3</b></p> <p>9AM Coffee Social 9:30 Residents Choice: News/"Price is Right" 10AM "Yes we can!" 10:30 Trivia 2PM "Yes we can!" 2:30 Bingo</p>	<p><b>4 Independence Day</b></p> <p>9AM Coffee Social 9:30 News/"Price is Right" 10AM Get up &amp; Move 2PM "Yes we can!" 2:15 4<sup>th</sup> of July Cooking Group w/ Maria &amp; Diana</p> 	<p><b>5</b></p> <p>9AM Coffee Social 9:30 News/"Price is Right" 10AM Music Lessons with Chris 2PM "Yes we can!" 2:30 Bingo</p> 	<p><b>6</b></p> <p>9AM Coffee Social 9:45 Balloon Toss "Yes we can!" 10:00 Flex &amp; Stretch 2:30 <b>Birthday Party w/ Elvis</b></p> 	<p><b>7</b></p> <p>9AM Coffee Social 9:30 News &amp; Views 10AM "Yes we can!" Catholic Rosary Communion (Spanish) 2PM Visit from Cookie &amp; Friends (Pet Therapy)</p>	<p><b>8</b></p> <p>9AM Coffee Social News/"Price is Right" 10AM Get up &amp; Move "Yes we can!" Balloon Toss 2PM "Yes we can!" 2:30 <i>Summer Time</i> <i>L-I-N-G-O</i></p>
<p><b>9</b></p> <p>9AM Coffee Social 9:30 Sunday News 10AM "Yes we can!" 10:30 Balloon Toss 2PM "Yes we can!" 2:30 Bingo</p>	<p><b>10</b></p> <p>9AM Coffee Social 9:30 News/"Price is Right" 10AM "Yes we can!" St. Pancratius Holy Communion 2PM "Yes we can!" 2:30 Arts &amp; Crafts w/ Claudia</p>	<p><b>11</b></p> <p>9AM Coffee Social 9:30 News/"Price is Right" 10AM Get up &amp; Move "Yes we can!" Flex &amp; Stretch 2PM "Yes we can!" 2:15 Cooking Group w/ Maria &amp; Diana</p> 	<p><b>12</b></p> <p>9AM Coffee Social 9:30 News/"Price is Right" 10AM Get up &amp; Move Flex &amp; Stretch 2PM "Yes we can!" 2:30 Bingo</p>	<p><b>13</b></p> <p>9AM Coffee Social 9:30 News/"Price is Right" 10AM Get up &amp; Move "Yes we can!" 10:00 Flex &amp; Stretch 2:30 Loteria - Windsor Store -</p>	<p><b>14</b></p> <p>9AM Coffee Social 10AM Get up &amp; Move "Yes we can!" Catholic Rosary Communion (Spanish) 2PM "Yes we can!" Popcorn &amp; Movie Pretty Nails</p>	<p><b>15</b></p> <p>9AM Coffee Social News/"Price is Right" 10AM Get up &amp; Move "Yes we can!" Balloon Toss 2PM "Yes we can!" 2:30 <i>Summer Time</i> <i>L-I-N-G-O</i></p>
<p><b>16</b></p> <p>9AM Coffee Social 9:30 Sunday News 10AM Get up &amp; Move "Yes we can!" 10:30 Balloon Toss 2PM "Yes we can!" 2:30 Bible Study w/ Victor</p>	<p><b>17</b></p> <p>9AM Coffee Social 9:30 Residents Choice: News/"Price is Right" 10AM "Yes we can!" 10:30 Trivia 2PM "Yes we can!" 2:30 Bingo</p>	<p><b>18</b></p> <p>9AM Coffee Social 9:30 News/"Price is Right" 10AM Get up &amp; Move 2PM "Yes we can!" 2:15 Cooking Group w/ Maria &amp; Diana 6PM Music Lessons with Chris</p> 	<p><b>19</b></p> <p>9AM Coffee Social 9:30 News/"Price is Right" 10AM Get up &amp; Move Flex &amp; Stretch 2PM "Yes we can!" 2:30 Bingo</p>	<p><b>20 Walmart Outing</b></p> <p>9AM Coffee Social 9:30 News/"Price is Right" 10AM Get up &amp; Move "Yes we can!" 10:00 Flex &amp; Stretch 2:30 Loteria - Windsor Store -</p>	<p><b>21</b></p> <p>9AM Coffee Social 10AM Get up &amp; Move "Yes we can!" Catholic Rosary Communion (Spanish) 2PM "Yes we can!" Popcorn &amp; Movie Pretty Nails</p>	<p><b>22</b></p> <p>9AM Coffee Social News/"Price is Right" 10AM Get up &amp; Move "Yes we can!" Balloon Toss 2PM "Yes we can!" 2:30 <i>Summer Time</i> <i>L-I-N-G-O</i></p>
<p><b>23</b></p> <p>9AM Coffee Social 9:30 Sunday News 10AM "Yes we can!" 10:30 Balloon Toss 2PM "Yes we can!" 2:30 Bible Study w/ Scott</p>	<p><b>24</b></p> <p>9AM Coffee Social 9:30 Residents Choice: News/"Price is Right" 10AM "Yes we can!" St. Pancratius Holy Communion 2PM "Yes we can!" 2:30 Bingo</p>	<p><b>25</b></p> <p>9AM Coffee Social 9:30 News/"Price is Right" 10AM Get up &amp; Move "Yes we can!" Flex &amp; Stretch 2PM "Yes we can!" 2:15 Cooking Group w/ Maria &amp; Diana</p> 	<p><b>26 Resident Council</b></p> <p>9AM Coffee Social 9:30 News &amp; Views 10AM Get up &amp; Move 10:00 Flex &amp; Stretch 2:00 Resident Council Meeting (Main Dining Room)</p>	<p><b>27</b></p> <p>9AM Coffee Social 9:30 Residents Choice: News/"Price is Right" 10:30 Trivia 2PM "Yes we can!" 2:30 Loteria 4:30 Candlelight Dinner</p>	<p><b>28</b></p> <p>9AM Coffee Social 10AM Get up &amp; Move "Yes we can!" Catholic Rosary Communion (Spanish) 2PM "Yes we can!" Popcorn &amp; Movie Pretty Nails</p>	<p><b>29</b></p> <p>9AM Coffee Social News/"Price is Right" 10AM Get up &amp; Move "Yes we can!" Balloon Toss 2PM "Yes we can!" 2:30 <i>Summer Time</i> <i>L-I-N-G-O</i></p>
<p><b>30</b></p>	<p><b>31</b></p>					